



# THE MELBOURNE ART THERAPY STUDIO

## Abbotsford Convent Arts Precinct

**PRESENTS:**

# SPIRIT DOLL MAKING WORKSHOP



Explore your creativity, imagination and decorative impulses to create a spirit doll. Spirit dolls can bring inspiration, celebration and mystery. In this workshop you will work with a small fabric doll, which you will paint and embellish using feathers, ribbons, sequins and beads in any way that the imagination permits. You will journey with your doll through choices of colour, texture, gesture and decoration giving it its own story, strength and purpose.

All materials supplied. Spaces are limited!



**Facilitator: Art Therapist Jane Joske (AThR)**

Jane is a registered professional member of ANZATA (The Australian and New Zealand Art Therapy Association).

TO BOOK SEE [WWW.MELBOURNEARTTHERAPY.COM.AU](http://WWW.MELBOURNEARTTHERAPY.COM.AU)

EMAIL [INFO@MELBOURNEARTTHERAPY.COM.AU](mailto:INFO@MELBOURNEARTTHERAPY.COM.AU) OR CALL 8415 0052